

Certificate of Medical Examination for USMS Employees

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(Privacy Act Protected)

INSTRUCTIONS

PART I - EMPLOYEE ID DATA

(To be completed by Employee)

Please press firmly to make sure print goes through all pages.

PART II — PHYSICAL REQUIREMENTS OF EMPLOYEES

(To be reviewed by Examining Physician)

PART III - REPORT OF MEDICAL HISTORY

(To be completed by Employee)

Answer all questions and sign your name at the end of the Report of Medical History

PART IV - MEDICAL HISTORY SUMMARY

(To be completed by Examining Physician)

Provide summary and elaboration on all positive answers of the Report of Medical History

PART V - MEDICAL EXAMINATION DATA

(To be completed by Examining Physician)

Perform examination and give a detailed description of your finding(s).

Please note special tests:

- 1. Vision (required)
- 2. Hearing (required)
- 3. Urinalysis (required)
- 4. SMAC-26 Blood Test (required)
- 5. Serum Lead Level Test (required)
- 6. Resting ECG (required)
- 7. Exercise ECG (if needed)
- 8. Chest X-ray (if needed)
- 9. Proctosigmoidoscopy (if needed)
- 10. Mammography (if needed)
- 11. Papanicolaou (if needed)

PART VI - EXAMINATION SUMMARY

(To be completed by Examining Physician)

Explain fully any significant findings or limitations and type of followup recommended. This should include summary of significant lab/test findings.

PART I - EMPLOYEE IDENTIFICATION

NAME (Last, first, middle) (Type or pr	int) SOCIAL SECURITY NO.	SEX	D. Com Com
		i	DATE OF BIRTH
		☐ Male	
DISTRICT ADDRESS		☐ Female	
- 10 THE TABLES		D	ATE OF EXAMINATION
		ı	
		!	
HOME ADDRESS (No. street or RFD	City Or town State and ZIP CODE		
HOME ADDRESS (No. street or RFD,	city or town, State, and ZIP CODE)		
HOME ADDRESS (No. street or RFD,	city or town, State, and ZIP CODE)		
PURPOSE OF EXAMINATION	city or town, State, and ZIP CODE) POSITION (Title, Grade)	DATE OF LAST	FIT A CODOCMENT
		DATE OF LAST	FIT ASSESSMENT

PART II - PHYSICAL REQUIREMENTS OF EMPLOYEE

BRIEF DESCRIPTION OF WHAT POSITION REQUIRES EMPLOYEE TO DO

DEPUTY UNITED STATES MARSHALS ARE REQUIRED TO BE IN SUPERIOR PHYSICAL CONDITION DUE TO STRENUOUS DUTIES. PERSONS IN THESE POSITIONS ARE REQUIRED TO SERVE CIVIL AND CRIMINAL PROCESS, TRANSPORT PRISONERS, MAKE ARRESTS, AND RESTORE ORDER IN RIOT AND MOB SITUATIONS. THEY ARE SUBJECT TO IRREGULAR HOURS, AND ARE EXPOSED TO EXTREME CLIMATIC CONDITIONS FOR LONG PERIODS OF TIME. THEY ARE REQUIRED TO HAVE GOOD VISION AND HEARING, AND BE CAPABLE OF SITTING, WALKING, RUNNING, OR RIDING FOR INDEFINITE PERIODS. THEIR GENERAL OTHERS. DEPUTIES OR APPLICANTS MUST BE MEDICALLY ABLE TO PERFORM EFFICIENTLY AND SAFELY THE FULL RANGE OF DUTIES OF THE POSITION INDICATED BELOW AND STATED IN THE MEDICAL EXAM DATA SECTION.

FUNCTIONAL REQUIREMENTS

Heavy lifting, 45 pounds and over Heavy carrying, 45 pounds and over Reaching above shoulder Use of fingers
Both hands required
Climbing, use of legs and arms
Both legs required
Operation of crane, truck, tractor, or motor vehicle
Ability for rapid mental and muscular coordination Ability for rapid mental and muscular coordination simultaneously Ability to use and desirability of using firearms Specific visual requirements Both eyes required Depth perception Ability to distinguish basic colors Ability to distinguish shades of colors
Specific hearing requirements
Hearing without aid

ENVIRONMENTAL FACTORS

Outside Outside and inside Excessive heat Excessive cold Excessive humidity Excessive dampness or chilling Dry atmospheric conditions Working around moving objects or vehicles Slippery or uneven walking surfaces Unusual fatigue factors Working closely with others Working alone Protracted or irregular hours of work

FITNESS PROGRAM REQUIREMENTS

EMPLOYEES ARE REQUIRED TO RECEIVE MEDICAL APPROVAL PRIOR TO PARTICIPATING IN THE U.S. MARSHALS SERVICE FITNESS IN TOTAL PROGRAM. PROGRAM CONSISTS OF:

MEDICAL SCREENING

- Blood lipid analysis
 Coronary heart disease risk identification
- 3. Body composition test
- 4. 3 minute step test5. Skinfold body fat test

FITNESS ASSESSMENT

- 1. Flexibility sit and reach test
- One minute sit up test
 One minute push up test
- 4. 1.5 mile run or 3 mile walk

EXERCISE PRESCRIPTION: BASED ON INTEREST AND ASSESSMENT RESULTS

PART III — REPORT OF MEDICAL HISTORY (To be completed by Employee. *Typewrite or print in ink)*

STATEMENT OF MEDICATIONS CURRENTLY USED Name of Medication	Dosage Taken Since
DO YOU HAVE ANY MEDICAL DISORDER OR PHYS PERFORMANCE OF THE DUTIES SHOWN IN PART II	AL IMPAIRMENT WHICH WOULD INTERFERE IN ANY WAY WITH THE FULL
YES NO (If your answer is "YES" explain	lly below)
● HAVE YOU EVER (Please check at left of each item) YES NO □ Lived with anyone who had tuberculosis □ Coughed up blood □ Bled excessively after injury or tooth extracti □ Attempted suicide □ Been a sleepwalker	DO YOU (Please check at left of each item) YES NO Wear glasses or contact lenses Have vision in both eyes Wear a hearing aid Stutter or stammer habitually Wear a brace or back support Perform aerobic exercise more than 2 days/week Smoke - How much: Have a family history of cardiovascular disease Who: Problem: Age at Onset or Death:
• HAVE YOU EVER HAD OR HAVE YOU NOW (Please o	DONAL
YES NO DON'T (Check each item) Scarlet fever, erysipelas Rheumatic fever Swollen or painful joints Frequent or severe headache Dizziness or fainting spells Eye trouble Ear, nose, or throat trouble Hearing loss Chronic or frequent colds Severe tooth or gum trouble Sinusitis Hay Fever Head Injury Skin diseases Thyroid trouble Tuberculosis Asthma Shortness of breath Pain or pressure in chest Chronic cough Palpitation or pounding heart Heart trouble Heart trouble High or low blood pressure Disease of arteries Disease of arteries Disease of arteries Disease of heart Stroke Anemia Abnormal chest x-ray Orthopedic or muscular problems Increased cholesterol level Cramps in your legs Frequent indigestion Stomach, liver, or intestinal trouble Gall bladder trouble or gallstones Jaundice or hepatitis Adverse reaction to serum, drug, or m Broken bones Tumor, growth, cyst, cancer Rupture/hernia Piles or rectal disease	YES NO BON'T KNOW (Check each item)
	 ARE YOU (Check one) □ Right handed □ Left handed dicine FEMALES ONLY: HAVE YOU EVER
Broken cones Tumor, growth, cyst, cancer Rupture/hernia Piles or rectal disease	☐ ☐ ☐ Been treated for a female disorder ☐ ☐ ☐ Had a change in menstrual pattern

Yi	ES NO	CHECK EACH ITEM YES OR NO. E	EVERY ITEM	CHECKED VECTOR	CC 22 2	
		Have you been refused employment of	or	CHECKED YES MU	ST BE FU	LLY EXPLAINED IN BLANK SPACE ON RIGH
		been unable to hold a job or stay in school because of:				
	_	A. Sensitivity to chemicals, dust, sunlight, etc.	į			
		B. Inability to perform cortain mati-	ns.			
		C. Inability to assume certain position D. Other medical reasons (If yes, give	ns.			
		Have you ever been treated for a man	4.1			
		condition; (If ves specify when who	tal re,			
		Have you ever received psychiatric and				
		seling? (If yes, specify when, where, a give details).	nd			
		Have you ever been denied life in	nce?			
		(If yes, state reason and give details). Have you had, or have you been advise	1			
		to nave, any operations? //f use design	ed ihe			
		and give age at which occurred.) Have you ever been a patient in any ty	1			
		Of HOSPITALS! (IT the checify when the	. 1			
	_	address of hospital	e			
		Have you ever had any illness or injury	,			
		other than those already noted? (If yes specify when, where, and give details.)				
ш		Have you consulted or been treated by clinics, physicians, healers, or other				
		Practitioners within the nact 5 was to	r			
		complete address of doctor hamital				
		Cliffic, and details 1				
		Have you ever been rejected for militar service because of physical, mental, or	У			
_	_	other reasons? (If yes, give date and reason for rejection.)				
		Have you ever been discharged from				
		military service because of physical, mental, or other reasons? (If yes, give				
		dule, reason, and type of discharge.				
		whether honorable, other than honorab for unfitness or unsuitability.)				
	П	Have you ever received, is there pending or have you applied for pension or	<u>,</u>			
		compensation for existing disability?				
		yes, specify what kind, granted by whon and what amount, when, why.)	n,			
I cert	ify that	I have reviewed the 6				
I auth purpo	orize ar oses of p	I have reviewed the foregoing information of the doctors, hospitals, or clinics me rocessing my application for this employ	n supplied by ntioned above ment or service	me and that it is true to furnish the Gover	and comp	olete to the best of my knowledge. Complete transcript of my medical record for
EXAN	MINEE		NATURE			
		Sic	MATURE			DATE
PAR	TIV	MEDICAL HIGHORY				
Note	to Fu	MEDICAL HISTORY SUMM	IARY (To	be completed b	y Exami	ining Physician)
on al	l nosit	ive answers in Daniel State	ew this list	ing with the exa	minee.	ining Physician) Provide summary and elaboration
medi	cal his	tory and record any significan	cal History	'. You may deve	lop by i	Provide summary and elaboration nterview any additional important
		and record any significan	t findings:			and additional important
EXAMI	NING F	'HYSICIAN'S NAME (Type or print)		DATE		
		· · · · · · · · · · · · · · · · · · ·				SIGNATURE
				-	-	

co m	te to Examining Physician: As you make your examination and report your findings and conclusions please asider the job description, function requirements, environmental factors, fitness program requirements, and edical standards for the U.S. Marshals Service Law Enforcement Position. List any abnormalities under each amination.
•	MEASUREMENTS:
	A. Height: Feet Inches B. Weight: Pounds
•	VISION:
	STANDARD: Binocular vision is required and uncorrected vision must not test less than 20/200 (Snellen). Corrected vision must test at least 20/20 in one eye and 20/40 in the other. An employee who has undergone a Radial Keratotomy operation to correct his or her distant vision to an acceptable level will not be considered medically qualified for this position. Near vision, corrected or uncorrected, must be sufficient to read Jaeger Type 2 at 14 inches. Ability to distinguish basic as well as shades of color is required as is normal peripheral vision.
	EXAM RESULTS:
	A. Distant vision (Snellen) 20 20 20 20 20 20 20 20 20 20 20 20 20
	Jaeger No. 2 Type without glasses: with glasses, if used:
	Jaeger No. 2 Type employees in the Federal classified service as may be required by the Civil Service Commission or its authorized representative. This order will supplement the Executive Orders of May 29 and June 18, 1923 (Executive Order, September 4, 1924). without glasses: with glasses, if used: Rin. toin. Lin. toin.
	C. Is color vision normal when Ishihara or other color plate test is used? YES NO If not, can applicant pass lantern, yarn, or other comparable test? YES NO
•	HEARING
	STANDARD: The deputy or applicant must be able to hear the whispered voice at 15 feet with each ear. Using an audiometer for measurement, there should be no loss of 30 or more decibels in each ear at the 500, 1000, and 2000 Cycles Per Second (CPS) levels. A hearing aid is not permitted.
	EXAM RESULTS: (Consider denominators indicated here as normal. Record as numerators the greatest distance heard.)
	A. Audiometer (if available) B. Whispered Voice Test
	250 500 1000 2000 3000 4000 5000 6000 7000 8000

PART V – MEDICAL EXAMINATION DATA (To be completed by Examining Physician)

RIGHT EAR ____; LEFT EAR ___ 15 ft.

15 ft.

• CARDIOVASCULAR SYSTEM

EXAM RESULTS: (List any abnormalities)

STANDARD: The following conditions are disqualifying: organic heart disease (compensated or not); hypertension (treated) with repeated systolic readings of 160 or over and diastolic readings of 100 or over; symptomatic peripheral vascular disease; and severe varicose veins.
EXAM RESULTS: (List any abnormalities)
A. Heart (Size, rate, rhythm, function)
1. Blood Pressure:
2. Resting Pulse:
3. Resting ECG:
4. Exercise ECG (if needed)
B. Peripheral Blood Vessels:
RESPIRATORY SYSTEM
STANDARD: Any chronic disease or condition affecting the respiratory system which would impair the full performance of duties is disqualifying; e.g., conditions which would result in reduced pulmonary functions, shortness of breath, or painful respiration.
EXAM RESULTS: (List any abnormalities)
Chest X-ray (if needed):
GASTROINTESTINAL SYSTEM
STANDARD: Diseases or conditions of the gastrointestinal tract that require rigid diets are disqualifying. Additionally, an ulcer, (untreated) active within the last year, is also disqualifying

Proctosigmoidoscopy (40 years or older):_____

•	GENIT	OU	RIN.	ARY	DISOF	RDERS
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STANDARD: Chronic symptomatic diseases or conditions of the genitourinary tract are disqualifying.

EXAM RESULTS: (List any abnormalities)

Urinalysis: (attach results)

• NERVOUS SYSTEM

STANDARD: Deputies must possess emotional and mental stability with no history of a basic personality disorder. Deputies with a history of epilepsy or convulsive disorders must have been seizure free for the past two (2) years without medication.

EXAM RESULTS: (List any abnormalities)

• ENDOCRINE SYSTEM

STANDARD: Diabetes not controlled by diet alone is disqualifying.
EXAM RESULTS: (List any abnormalities)
Thyroid:

SPEECH

STANDARD: Diseases or conditions resulting in indistinct speech are disqualifying.

EXAM RESULTS: (List any abnormalities)

• EXTREMITIES & SPINE

STANDARD: Deformities or diseases of the extremities and spine that interfere with the full performance of position duties are disqualifying. (Position involves heavy lifting and other strenuous duties).

EXAM RESULTS: (List any abnormalities)	
Back:	1

HERNIAS

STANDARD: Inguinal and femoral hernias, with or without the use of a truss, are disqualifying. Other hernias are disqualifying if they interfere with the performance of the duties of the position.

EXAM RESULTS: (List any abnormalities)

MISCELLANEOUS

STANDARD: Though not mentioned specifically above, any other disease or condition which interferes with the full performance of position duties is also grounds for medical rejection and the disability retirement process.

EXAM RESULTS: (List any abnormalities)

- A. Eyes, ears, nose, and throat (including teeth and oral hygiene):
- B. Head and back (including face, hair, and scalp):
- C. Skin and lymph nodes:
- D. SMAC-26 Blood test (attach results. List abnormalities):
- E. Serum lead level test results (attach results. List abnormalities):

• FEMALES ONLY

EXAM RESULTS: (List any abnormalities)

- A. Mammography (35 years and older if needed):
- B. Papanicolaou test (if needed):

PART VI - EXAMINATION SUMMARY. Note to Examining Physician: Summarize below any medical findings which need further medical attention and any finding that would limit the examinee's performance of law enforcement duties or present a hazard to the examinee or others. • SIGNIFICANT FINDINGS: • I HAVE EXAMINED THIS EMPLOYEE AND HE OR SHE APPEARS TO BE: (Check box(es) that apply) ☐ FIT FOR DUTY (no limiting conditions) □ TEMPORARILY UNFIT FOR DUTY (describe limitations and length of recovery period) ☐ PERMANENTLY UNFIT FOR DUTY (explain below) EMPLOYEE IS QUALIFIED TO PERFORM THE FOLLOWING FITNESS PROGRAM ASSESSMENTS: (Check yes or no at left of each item): □ YES □ NO FLEXIBILITY SIT AND REACH TEST □ YES □ NO PUSH-UPS (Max no. in 1 minute) □ YES □ NO SIT-UPS (Max no. in 1 minute) □ YES \square NO 1.5 MILE TIMED RUN □ YES □ NO 3 MILE TIMED WALK EXAMINING PHYSICIAN'S NAME (Type or print) ADDRESS (including ZIP Code) SIGNATURE OF EXAMINING PHYSICIAN IMPORTANT: After signing return entire form.